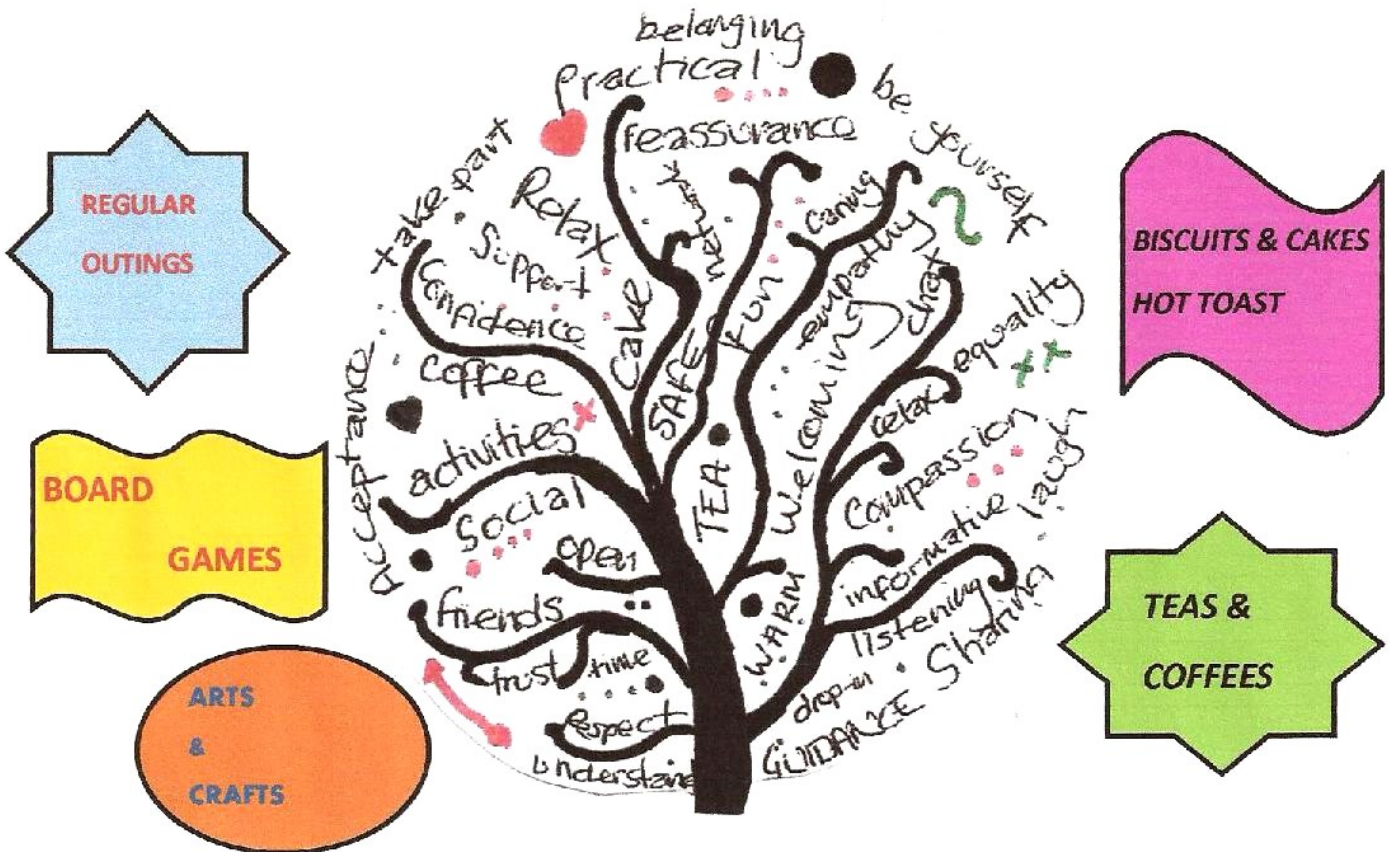


Minehead

Thursday Morning Peer Support Group

Every Thursday 11:00-13:00



DO YOU FEEL LOST, LONELY AND FEEL THAT NO ONE UNDERSTANDS YOU? DO YOU FEEL YOU CAN'T MOVE FORWARD IN LIFE?

THEN YOU NEED A PEER IN YOUR LIFE SOMEONE YOU CAN RELATE, EMPATHISE AND EVEN SUPPORT YOU...WE AT MINEHEAD FUNDAMENTALS ARE A GROUP THAT IS OPEN TO EVERYBODY

**THE MINEHEAD FUNDAMENTALS PEER SUPPORT GROUP
MEETS AT THE QUAKER ROOMS, BANCKS ST**

MINEHEAD

To join email Hazel at hazelbarron@mindtws.org.uk

Or phone (01823) 334906

Or simply pop in for a chat!